



# NEWSLETTER

SKI and TRAVEL

NOVEMBER 2009

WEBSITE: [www.gmskiclub.org](http://www.gmskiclub.org)

GM CLUB: FOUNDED 1957

VOLUME LIII, ISSUE XI

## GENERAL MEETING

Thursday,  
November 12, 6:30 pm  
**Tirami Su Ristorante & Enotecca**

7750 Metro Parkway (just west of Van Dyke) in Sterling Heights, 48310.

Dress like a turkey if you dare!

Admission is \$2 members, \$4 guests.

## Feather Bowling

**Bath City Bistro**

75 Macomb Place in downtown Mt. Clemens

**Saturday, November 21, 2009**

**4:00 pm until 6:00 pm**

81 spots sold!!  
Only 19 spots left!!

# **POLONIAS**

## **POLISH RESTAURANT OF THE MONTH**

### **FRIDAY 11-6-2009**

## GM SKI and TRAVEL CLUB MEMBERSHIP APPLICATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (day) \_\_\_\_\_ (Evening) \_\_\_\_\_

Date of Birth \_\_\_\_\_

Email address \_\_\_\_\_

New Membership-\$30  Renewal-\$25

Married Couple-\$40

In consideration for me being able to join the GM Ski and Travel Club, I agree to abide by the GM SKI and TRAVEL Club's by-Laws and constitution.

Membership runs October 1 through September 30.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

How did you hear about the GM Ski and Travel Club?

Friend  Newspaper  Racing  Event (list) \_\_\_\_\_

### Skiing Interest:

- Downhill
- Racing
- X-country
- Snowboard

### Skiing Ability:

- Beginner
- Intermediate
- Advanced

### I'd like to help:

- Ski Trips
- Publicity
- Meetings
- Activities
- Other (list) \_\_\_\_\_

**Referral:** I am a new member and was referred to the GM Ski and Travel Club by:

Referring Members Name: \_\_\_\_\_

**Payment made by:** Cash  Check  Check # \_\_\_\_\_  
I like the club so much I wish to make an additional contribution of \$ \_\_\_\_\_

**To join:** Please send completed application above along with check (payable to "GM Ski Club") to:

**GM Ski and Travel Club**  
40377 Kraft Dr.  
Sterling Heights, MI 48310

Or bring the completed application with you to our General Meeting. Membership runs Oct. through Sept. Mail changes of address to the above.

**You don't have to work for General Motors to belong to the GM Ski and Travel Club!**

## GM Ski and Travel Club Board of Directors

**President:** Les Skrzycki 248-693-1794

**Vice President:** Brian De Leo 248-626-6192

**Treasurer:** Alan Toomey 248-391-5180

**Secretary:** Darrell Ahlberg, 586-899-8203

**Activities:** Brian De Leo 248-626-6192

**Hospitality:** Greg Ronan 586-219-7669

**Membership:** Darrell Ahlberg, 586-899-8203

**MDSC Rep:** Debbie Cooke 248-689-7167

**Newsletter:** Michael Bourke 586-776-7685

**Publicity:** Cathy Schneidt 586-206-2424

**Ski Trips:** Dave Duvali 586-754-8151

**Webmaster:** Kathy O'Driscoll 248-666-9057.

*The board meets once a month, the week after the General Meeting*

Treasurer's  
Report  
**\$5037.51**

Alan Toomey  
Treasurer



## November Birthdays

Richard Hayes 11/13

Jim Walsh 11/14

Christian Johnson 11/16

Alan Toomey 11/28



### Editor's Notes

Submissions to this newsletter will be accepted in any visual, but not oral, form. Electronic transmissions are preferred.

The deadline is 5:00 p.m. sharp on the 20th of the preceding month.

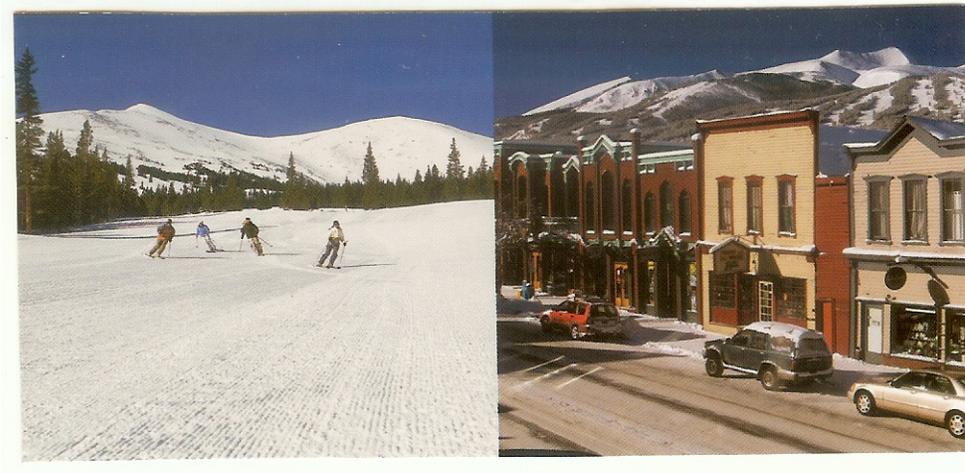
Michael Bourke  
Home: 586-776-7685

16724 Collinson

Eastpointe, MI 48021

E-mail: [gmskiclub@yahoo.com](mailto:gmskiclub@yahoo.com)

# Ski Breckenridge, Keystone, et al.



Pictured above is Breckenridge, your base of operations for skiing at **A-basin, Beaver Creek, Keystone, Vail and of course, Breckenridge**, if you join our distinguished group of fun loving, adventuresome GM Ski Club skiers during the week of **Jan. 30, 2010 to Feb. 06, 2010**. Here's your chance to explore up to five exciting, world-renowned ski resorts—all available on a single lift pass from a town with great dining, shopping and nightlife.

**The trip includes:**

**Round trip air to Denver on Southwest Airlines - NO LUGGAGE FEES**

**Jan. 30 - depart Detroit 8:10AM, arrive Denver 12:45 PM**

**Feb.06 - depart Denver 2:35PM, arrive Detroit 8:00PM**

**Ground transportation to and from Breckenridge,**

**Two to a room, ski in / ski out, 2 blocks to Main Street lodging at the classy Great Divide Lodge,**

**Five day, five area lift ticket.**

**Cost: \$1,230.00 for GM members or MDSC affiliated club members and \$1,280.00 for those with no MDSC club membership. \$130.00 due at sign-up. Subsequent payment schedule to follow.**

**Contact Dave Duvali at (586) 754-8151 or via E-mail at [daveduvali@wowway.com](mailto:daveduvali@wowway.com) for more info.**

**Mailing address: 27216 Dover, Warren MI 48088**



**Cancellations:**

- 1) If full payment, or written notice of cancellation, is not received by the last payment deadline, then deposit and payments will be forfeited per the schedule below.
- 2) The following schedule details the amount a person may forfeit if they cancel or fail to show on time on the day of the event. Unrecoverable expenses are expenses incurred by the club for transportation, lodging, etc. due to cancellation of the member:
  - a) If more than ninety (90) calendar days prior to the event, he/she is assessed only unrecoverable expenses.
  - b) If less than ninety (90) calendar days prior to the event, he/she is assessed a \$50 cancellation fee plus unrecoverable expenses.
  - c) "No Show" on the day of the event forfeits the total cost of the trip.
  - d) If a canceller finds a substitute for himself, he/she will only be subject to any unrecoverable expenses. The canceller is responsible for collecting all forms and monies for the trip and transferring them to the Trip Leader before the commencement of the trip.

**Refunds**

- a) A full refund will be made if, for any reason, the trip is canceled by GM Ski Club and/or the Tour Operator.
- b) A refund of the deposit will be made if a member cancels while still wait listed.
- c) Requests for refunds will be processed by the Trip Leader; only after the event is run and all revenues and expenses detailed. The Trip Leader shall provide the respective Trip Chairperson or Activities Chairperson the requests which includes the names, addresses, phone numbers, date of cancellation, and amounts requested within thirty (30) calendar days of completion of the event. At the next Board Meeting, the Treasurer will write refund checks for approved requests
- d) Members may appeal any determination of a refund to the Board of Directors. Any request to deviate from the above policy must be submitted in writing to one of the officers within sixty (60) calendar days of the completion of the event and approved by a majority vote of the Board of Directors.

 *Make Checks Payable to the GM Ski Club*



**GM SKI CLUB** Trip Application      Destination: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Primary Phone: (\_\_\_\_) \_\_\_\_\_ Secondary Phone: (\_\_\_\_) \_\_\_\_\_

Gender:  M  F    \*Smoking:  Y  N    GM Ski Club Member:  Y  N    Other MDSC club? \_\_\_\_\_  
(member of)

Please state any roommate preferences: \_\_\_\_\_

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Emergency Contact: \_\_\_\_\_ Email: \_\_\_\_\_

In consideration for me being able to participate in this activity, I assume personal responsibility for any risks and hazards to my personal safety and equipment. I release the GM Ski Club, their Directors and Officers, and anyone affiliated with any and all activities from all liability and waive any and all claims I may have or may hereafter acquire related to any and all injuries or damages whatsoever arising as a result of my participation in any and all activities connected directly or indirectly with the GM Ski Club. I also certify that I am at least 19 years of age or older and that I have read and understand the conditions outlined above. I have read and understand the Refund/ Cancellation policies applicable to this trip.

**Date:** \_\_\_\_\_ **Signed:** \_\_\_\_\_

*\*Please see the GM Ski Club By-Laws concerning smoking on club trips or ask the Trip Leader.*

# Let's Do It Again **POLONIAS**

## **POLISH RESTAURANT OF THE MONTH**

**FRIDAY 11-6-2009**

**POLONIA'S ADDRESS: 2934 YEMANS, HAMTRAMCK, MI 48212 (313) 505-3757**

You are invited to the 2nd annual polish dinner. This is another opportunity to mingle and meet people from other clubs, in case you missed out on doing so the first time at Polonia's wonderful banquet hall. Invitations are being sent to other area clubs, so there will be a good mix of people and opportunity to make new friends.

**Enjoy an evening of music, karaoke & dancing fun in a polish decorated environment.**

For those of you who are single and would like to make the evening more enjoyable (interesting), you are encouraged to bring another person. However, this is optional. Also if you have any music you would like to hear, bring it with you (CD or memory stick)

**Buffet style to include:**

- |                    |  |
|--------------------|--|
| A) City chicken    | D) Dill pickle soup                        |
| B) Roast pork loin | E) Mixed veg. bread & butter               |
| C) Stuffed cabbage | F) Potatoes, baked kraut & potato pancakes |

6:30 p.m. for drinks (cash bar), bartender upstairs

7:00 p.m. for dinner

Members: \$23.00

Non members: \$28.00

GM Ski Club deadline to sign up for this event is Wednesday, November 4<sup>th</sup>, 2009.

\*\*\*There will be no "sign-ups" the day of the event.\*\*\*

R.S.V.P. as soon as possible to: G. Ronan

Make check out to **GM Ski Club**

Mail check to:

**38175 Beecher Dr.**

**Sterling Heights, MI 48312**

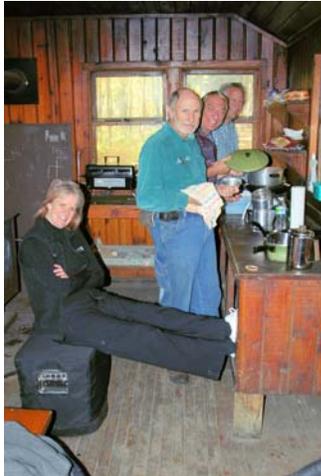
Cell: (586) 219-7669

# Bald

# Mountain



What we expected



What we got





# General Meeting



# at Don Thomas



Join the fun for an afternoon of



Feather  
Bowling

**Bath City Bistro**

75 Macomb Place in downtown Mt. Clemens

**Saturday, November 21, 2009**

**4:00 pm until 6:00 pm**

**GM Ski Club members \$7, guests \$10**

**24 spaces available to fill 6 folks per team; 4 teams**

**Sign up today to reserve your spot. Please make checks payable to GM Ski Club.**

**Please RSVP & mail payment to: Debbie Cooke, 2880 Roundtree, Troy MI 48083**

...And if you've worked up an appetite

### Restaurant of the Month

immediately follows feather bowling RSVP Debbie for a seat downstairs in the main restaurant @ 6:00 pm

For more info, contact Debbie: 248-689-7167 or email: [sunsetcar@aol.com](mailto:sunsetcar@aol.com)

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## Travel Tips To Help Stay Healthy

- When you travel on a bus, train or airplane you are sitting in close proximity to a large number of people without much air space to share. Unfortunately, many people who are sick with colds and coughs continue to use these various modes of transportation and spread their germs around these close encounters.
- Keep Hydrated - Dehydration can cause headaches, emotional and physical fatigue and lower your immunity. This also means watch your caffeine, salt and alcohol intake, which can all cause dehydration.
- Get Sleep - Getting a good night's sleep before you travel is a must, yet it's not always possible. When you didn't sleep well before the flight, do what you can to sleep on the flight. Bring a pillow, music and anything else that will help you to be comfortable so you can get some z's in the air.
- Know what you are going to eat. When traveling it is best to have some snacks with you and when you go out to eat have a general idea of what you are going to order. You will be less likely to be swayed by tempting, calorie-filled menu options.
- If you are traveling to a foreign country, make sure you know who and where to call if you have a medical emergency requiring the attendance of an English-speaking doctor.
- After your visit to the doctor's office, it's time to deal with more mundane issues. First among these is the universal concern with Montezuma's Revenge, aka the turista, or "traveler's diarrhea" which results from consuming tainted food or water.
- Taking immune system supplements is another good way to stay healthy on the road. Vitamin C, Echinacea, and Zinc are great for boosting your immune system.
- Traveling might be tiring as well. As you find a new place interesting, you might not realize that you already explored the place over your physical limit. Vitamin C is really good to keep your stamina. It also prevents you from getting sick easily. Consume 500 mg of vitamin C per day is effective to keep you up.

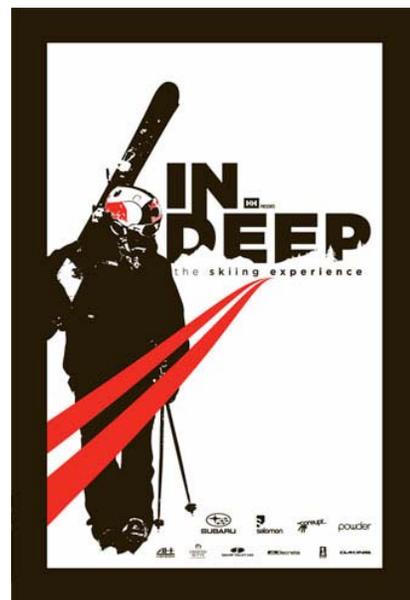
# Movie Night at the Birmingham Palladium

Tickets for the Birmingham Palladium on Nov. 7th at 8pm can be pre-purchased for **\$10.00** at Don Thomas (\$15 at the door the night of).

This is what is included for the \$10:

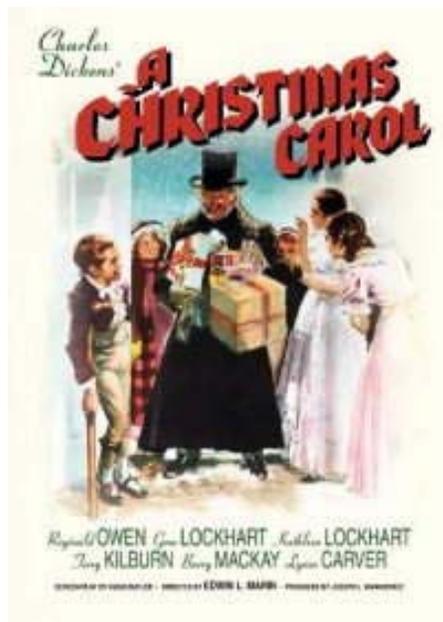
- Pick up some munchies before the movie at Kilwins Chocolates, 162 N Old Woodward, next door to the theatre,
- The movie "In Deep," an original look at the sport of skiing. MSP Films takes you along for the ride deep into the experience as we share the love for the greatest sport in the world. "In Deep" will feature an epic Shane McConkey tribute segment.
- Glenn Plake will be there to sign autographs.
- An after-glow party at Dick O'Dow's—free appetizers and one free drink ticket. 160 West Maple Road. I'm up for a Guinness, aren't you?

Les



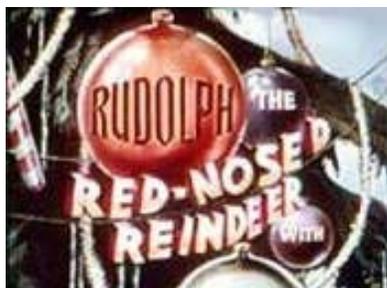
# Movie Night at the Redford Theater

December 4, Friday



Redford Theatre Holiday-Movie Night – This Friday eve will kick off your holiday spirit! Start off with a great dinner from Steve's Family Diner in Livonia. Then, it's off to the historic Redford to see the classic film "A Christmas Carol" starring Reginald Owen and Gene Lockhart. This is 1938's black & white version that many of us have seen and loved as a child, but probably have never seen on the big screen. This festivity includes live organ music, old-fashioned cartoons, and an amazing model railroad display. Tickets are only \$20 for members, \$25 for guests. Movie only, \$4. RSVP Darrell: 586-899-8203, email: dahlberg7@comcast.net

Plus



Two Classic Fleischer Studio Cartoons  
"Christmas Comes But Once A Year"  
and "Rudolph the Red-Nosed Reindeer"



# Calendar of Events

**Every Sun.** Our "Breakfast Club" starts at 10:00 a.m. at Anton's Island Grill, Big Beaver Rd. (16 Mile Rd.) and Dequindre, NW corner. Phone: 248-619-0016. Just show up, and we'll make room for you. No RSVP needed.

**Every Sun. Walleyball Time!** Work off that Sunday breakfast and join us at Warren Racquet and Fitness Club, one block east of Van Dyke at 12 ½ Mile Rd. 12.30 p.m. Everybody is invited, we play for kicks! Call Michael: 586-776-7685

## NOVEMBER

- 6 Fri. **Polonias Restaurant** is back! So popular, we're doing it again. Enjoy music, karaoke, dancing, new friends, and a yummy Polish dinner. 2934 Yemens, Hamtramck, 48212. Starts 6:30 p.m., \$23 members, \$28 guests. See additional info in this newsletter. Contact Gregg: 586-219-7669.\*
- 7 Sat. **Birmingham Palladium** - Join us for the movie, "In Deep: The Skiing Experience." 8:00 p.m. Tickets can be pre-purchased for \$10 at Don Thomas, \$15 at the door the night of the movie.
- 12 Thurs. **General Meeting** - Tirami Su Ristorante & Enotecca, 7750 Metro Parkway (just west of Van Dyke) in Sterling Heights, 48310. Dress like a turkey if you dare! Admission is \$2 members, \$4 guests.
- 18 Wed. Don Thomas Sporthaus's Night School - "Learn how to tune your skis" Door prizes, complimentary snacks & beverages. 7:00 p.m. 690 S. Old Woodward, Birmingham.
- 20 Fri. 2<sup>nd</sup> payment due for Breckenridge, Keystone, Colorado ski trip
- 21 Sat. **Feather Bowling/Restaurant of the Month** - C'mon and join the gang for feather bowling, 4:00 - 6:00 p.m., Bath City Bistro, 75 Macomb Place in Mt Clemens, 48043. Members, \$7, Guests \$10, dinner not included. Restaurant of the Month will immediately follow feather bowling. RSVP for a seat downstairs in the main restaurant at 6:00 pm. For more info contact Debbie: 248-689-7167 or email, [Sunsetcar@aol.com](mailto:Sunsetcar@aol.com) \*
- 23 Mon. **GM Ski Club** night at Don Thomas Sporthouse in Birmingham - We meet and shop for 10% off all merchandise—a perfect opportunity to use your GMSC gift certificate. Munchies and beverages will be provided.

## DECEMBER

- 2 Wed. Don Thomas Sporthaus's Night School - Tonight's lesson is "How to Layer" and includes a fashion show. Door prizes, complimentary snacks & beverages. 7:00 p.m. 690 S. Old Woodward, Birmingham.
- 4 Fri. Redford Theatre Holiday-Movie Night - Kick off your holiday spirit with a great dinner from Steve's Family Diner in Livonia; then, off to the historic Redford to see the classic film "A Christmas Carol," along with live organ music, old-fashioned cartoons, and an amazing model railroad display. Tickets are \$20 for members, \$25 for guests. Movie only, \$4. RSVP Darrell: 586-899-8203, email: dahlberg7@comcast.net \*
- 10 Thurs. **General Meeting** - Tirami Su Ristorante & Enotecca, 7750 Metro Parkway (just west of Van Dyke) in Sterling Heights, 48310. Admission is \$2 members, \$4 guests
- 18 Fri. Final Payment due for Breckenridge, Keystone, Colorado ski trip
- 19 Sat. The GMSC Holiday Party - Our tradition continues at Craig's where we will share in the company of old and new friends yet to be met. Tasty food, a festive atmosphere, a crackling fire, and perhaps a soak in the hot tub will stimulate your holiday senses. More details & info coming soon. RSVP Les: 248-693-1794

## JANUARY

- 14 Thurs. **General Meeting** - Tirami Su Ristorante & Enotecca, 7750 Metro Parkway (just west of Van Dyke) in Sterling Heights, 48310. Admission is \$2 members, \$4 guests
- 20 Wed. Don Thomas Sporthaus's Night School - "All you need to know for your trip out West" will be a handy and insightful evening to help you prepare for any ski trip. Door prizes, complimentary snacks & beverages. 7:00 p.m. 690 S. Old Woodward, Birmingham.
- 1/30 - 2/06 Colorado Ski Trip - Vail, Breckenridge, Keystone, and Beaver Creek is skiing at it's best! ... Only \$1,230 for GMSC /MDSC affiliated club members, \$1,280 for those with no MDSC club membership. Sign up now! See enclosed flyer for more details and info or contact Dave: 586-754-8151, email, [daveduvali@wowway.com](mailto:daveduvali@wowway.com)

### ON THE HORIZON

Our Pub & Grub Nights and Restaurants of the Month are a fun way to meet new friends and explore our community ... Sign up now and hit the slopes for skiing at it's best in Colorado ... And when snow arrives in Michigan, our "Meet 'n' Ski" nights at Pine Knob will once again beckon us.

Watch your email for our up-to-the-minute E-Newsletter for last minute events and activities

\* Please RSVP two days in advance



“A ski and travel club...  
and a whole lot more”

## November at a glance

**Every Sun.** Our “**Breakfast Club**” starts at 10:00 a.m. at Anton’s Island Grill, 16 Mile Rd. and Dequindre,  
**Every Sun.** **Walleyball** at Warren Racquet and Fitness, one block east of Van Dyke at 12 ½ Mile Rd. 12.30 p.m.  
**6 Fri.** Polonias Restaurant 2934 Yemens, Hamtramck, 6:30 p.m., Contact Gregg: 586-219-7669.  
**7 Sat.** Birmingham Palladium – The movie, “In Deep: The Skiing Experience.” 8:00 p.m.  
**12 Thurs.** General Meeting – Tiramisu Ristorante & Enoteca, 7750 Metro Parkway (just west of Van Dyke)  
**Wed.** Don Thomas Sporthaus–“Learn how to tune your skis” 7:00 p.m. 690 S. Old Woodward, Birmingham.  
**21 Sat.** Feather Bowling/Restaurant of the Month – 4:00 Bath City Bistro, 75 Macomb Place in Mt Clemens,  
**23 Mon.** GM Ski Club night at Don Thomas Sporthaus.

GM SKI and TRAVEL CLUB  
Website:

[www.gmskiclub.org](http://www.gmskiclub.org)

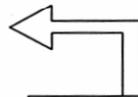
(recent photos, upcoming events, membership applications, bylaws, forms, and fun music)

**MDSC Website:** [www.mdscski.org](http://www.mdscski.org)

### Deadline

The deadline for articles or pictures submitted for inclusion in this newsletter is 5 p.m. sharp on the 20<sup>th</sup> of the preceding month.

Late submissions will be held for the following issue or discarded.



Membership expires on label date

First Class Mail

c/o Darrell Ahlberg  
40377 Kraft Dr.  
Sterling Heights, MI 48310

